



# SPOTLIGHT

TRAINING

## LIGHTING

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**LIGHT IS AMAZING**

# COLOUR TEMPERATURE

3000k  
Warm White

4000k  
Cool White



1800k  
Candlelight

2800k  
Extra Warm White

5000k  
Daylight

6500-7500k  
Overcast Sky

8000k-12000k  
Blue Sky

# LIGHT TYPES

There are many different lights and each has a specific purpose.



Fresnel



Flood



Leko

# **SAFETY**

Every production whether in-studio or on location requires a certain amount of safety. When working with lighting gear, always be thinking about what is overhead, especially when moving a ladder.

**REMEMBER...** YOU'RE WORKING WITH  
ELECTRICITY

- Make sure lights are turned off or unplugged before moving or inspecting them.
- Make sure there are no frayed cables or broken plugs.
- Do not run cables thru puddles.

# REMEMBER...

- Lights generate large amounts of heat so be sure to wear gloves when adjusting the lights.
- When climbing a ladder, always face forward and be sure someone is below, supporting the ladder.
- If you are using a ladder and adjusting a light with a wrench, make sure to secure the wrench to your wrist.
- Make sure safety chains are securely fastened.
- Duct tape trip hazards.
- Safety courses are available.

# 3 Point Lighting Set-Up

